



NEW YEARS RESOLUTION PACKAGE!

- Do you have specific **HEALTH & FITNESS GOALS** in your 2010 New Years Resloution?
- Do you want to feel **ENERGISED, TONE UP, SHED a few KILOS?**
- Do you need some **MOTIVATION** to keep you on track?

Then let me **HELP YOU** to achieve your goals!

My discounted package includes
4 x 30 minute Personal Training Sessions for
ONLY \$110.

Sessions can take place in my air conditioned studio at Currumbin, at your home or in the local park or at the beach

Where ever **YOU** feel more motivated!

MAKE 2010 ALL ABOUT YOU!

CALL ME NOW on 55 34 40 30.

Fe Taylor

Master Trainer

Registered Fitness Professional

